

# Bee Healthy Regional Dental Service

## ENROLMENT INFORMATION

FREE dental care for children from birth to 18 years



Bee Healthy Regional Dental Service provides free dental care for pre-school and primary-school-aged children for the greater Wellington Region (Wellington, Hutt Valley, Porirua and Kapiti Coast) in a friendly, professional atmosphere using mobile dental vans and community-based dental clinics.

For information about free adolescent dental care (school-year 9 to their 18th birthday), visit our website [www.beehealthy.org.nz](http://www.beehealthy.org.nz)

If you would prefer your child to receive dental care from your family dentist, please note that their dental care will not be free.

The services provided by Bee Healthy are outlined on this page. If you have any questions or concerns, please contact Bee Healthy 0800 TALK TEETH (825 583).

### Emergency Care and ACC

For emergency dental care at weekends, after hours or during the Christmas holidays, contact your local dentist. Check with the dentist first that the treatment is free.

If your child has had an accident and has injured their teeth or mouth we would be happy to provide assistance and advice. Our therapists cannot register your child's accident with ACC (Accident Compensation Corporation). To do so you can contact your local dentist or after-hours service directly. You may be asked to complete an ACC form and a fee may apply. Ask your dentist when you book an appointment.

### Patient Rights

Your child's dental therapist will discuss any proposed treatment with you so you are able to make an informed decision. You can ask for more information on proposed dental treatment. A second opinion can be requested free of charge from within Bee Healthy Dental Service.

- Parents and guardians have the right to refuse any aspect of treatment and to be informed of the consequences of not allowing the treatment to be provided.
- Referral to a dentist or specialist – sometimes children may require dental treatment not provided by Bee Healthy Dental Service. Dental therapists will advise when this is needed.
- All patients of Bee Healthy Dental Service have right of access to the personal information contained in their dental records/files. If you wish to request your child's dental records, contact Bee Healthy.

### Patient's Responsibilities

Your dental therapist has the right to expect the following:

- Correct and up-to-date information relating to a child's contact details, medical conditions, treatment consent and other factors that may affect their dental treatment.
- Notification of any change in a child's general health after initial consent for entry into the Bee Healthy Dental Service has been given.
- Early notification of inability to attend an appointment.
- Parents/guardians commitment to brushing and dietary practices that assist their children to have healthy teeth.

### Annual Dental Examination (Check-up)

Enrolled children are entitled to receive an annual dental check-up from their second birthday at a hub dental clinic.

**Parents/caregivers are encouraged to book their child's first appointment from the age of two years or earlier if they have concerns.**

The dental therapist will check your child's mouth, teeth and gums. X-rays, fluoride application and removal of tartar may also be done at the examination appointment. If your child requires any dental treatment, such as a protective coating, filling or extraction, your child's dental therapist will book an appointment for you and your child to attend.

### X-rays

Dental x-rays allow us to see inside the tooth and bone and detect tooth decay (and some other conditions) not obvious on visual examination. In some situations, if decay is not detected early, large fillings may be required later. Not all children need x-rays. They will only be used if necessary.

Only a very small amount of radiation is used when taking a dental x-ray. The amount of radiation from an x-ray is similar to that that received each day from background sources such as the sun.

### Fluoride Varnish

Fluoride varnish helps strengthen tooth enamel against decay. When early spots of decay are present, the fluoride varnish (along with good diet and dental care at home) will help stop the progress of decay and will reduce the chance of a filling being required

### Preventive Coatings/Sealants

Back teeth have deep grooves in their surfaces called fissures that can be quite deep. Preventive coatings are a thin layer of white filling material that is painted into these fissures. No drilling is involved.

**If you have any questions about your child's dental care or treatment, contact Bee Healthy Regional Dental Service:  
0800 TALK TEETH (825 583) | [www.beehealthy.org.nz](http://www.beehealthy.org.nz)**

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### Bee Healthy Dental Clinic Locations

#### WELLINGTON

**Johnsonville** Raroa Intermediate School, 39 Haumia Street

**Miramar  
Newtown** Miramar Central School, 38 Park Road  
Selby House, 175A Adelaide Road

#### PORIRUA

**Cannons Creek** Brandon Intermediate School, 32 Drivers Crescent

**Titahi Bay** Titahi Bay School, 11 Kura Street

#### HUTT VALLEY

**Alicetown  
Avalon** Hutt Central School, 6 Railway Avenue  
Naenae Intermediate School, 100 Walters Street

**Petone** Petone Central School, 20 Britannia Street

**Trentham  
Stokes Valley  
Wainuiomata** Trentham School, 2 Moonshine Road  
Koraunui School, 47 Montgomery Street  
St Claudine Thevenet School, 14 Rata Street

#### KAPITI COAST

**Paraparaumu** Paraparaumu School, Ruapehu Street

**Raumati Beach** Raumati Beach School, 26-34 Raumati Road

### Dental care for children under 5 years old

Your child will have their first dental appointment after their second birthday. If you have any concerns about your child's teeth before they turn two years old, or your child is over two years old and you have not heard from us, call 0800 TALK TEETH (825 583) to make an appointment.

Your child's first appointment will take 15-20 minutes. It is important to go with your child to their first dental check to help them feel comfortable. The dental therapist may check your child's teeth while you hold your child in your arms, or ask your child to sit with you or by themselves on the dental chair – whichever is best for your child.

After their first appointment, your child will have an annual dental check up at your local Bee Healthy Dental Clinic. You can sign up to receive text reminders for when your child is due for their next appointment.

If you need to change your appointment, call 0800 TALK TEETH (825 583) as soon as possible so your appointment time may be given to another family.

### Dental care for school aged children

Bee Healthy Mobile Vans visit most primary schools across the Wellington Region. This means school children are able to have their annual dental checks onsite, at school.

Some schools are difficult to access with the Mobile Vans. Children at these schools will require an appointment at their local Bee Healthy Dental Clinic. Your school will notify you about this.

If your child requires further treatment (e.g. fissure sealant or filling), a letter will be sent home after their check up. Call 0800 TALK TEETH (825 583) to book this appointment at a time that suits you best.

Your children can have their dental checks together, call us to arrange a suitable time for your family.

### Dental care for children with special needs

Our team of dental therapists and assistants have a wide range of experience working with children of all needs and abilities and will work with you to support your child to make their check-up as comfortable as possible. If you have any particular concerns about your child's dental care, call 0800 TALK TEETH (825 583).



**Brush teeth with fluoride toothpaste for two minutes, twice a day**



**Spit, don't rinse after brushing**



**Drink tap water and milk**



**Eat snacks with no added sugar**



**FREE dental care for under 18s**

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