



Bee Healthy Regional Dental Service

Ngā Tuhipoka Ratonga Hauora Niho ā-Rohe

Ngā whakamātautau – ina tiroiro te kaihaumanu i roto i tō waha he whakamātautau tērā; i ō niho me ngā pūniho kia mōhio ai kei te pai. Kātahi ka whakamārama atu te kaihaumanu ki te matua/kaitiaki i āna kitenga, ā, mēnā he mahi atu anō me whai ā muri ake.

Whakaata roto – he kiriata motuhake te whakaata roto ka raua atu e te kaihaumanu ki tō waha hei whakaahua i ō niho. Ka āwhina te pikitia i te kaihaumanu ki te kite i waenga, i roto hoki i ō niho me ō pūniho, kāore nei e taea e te kanohi te kite. Kātahi ka whakamārama atu te kaihaumanu ki te matua/kaitiaki i āna kitenga, ā, mēnā he mahi atu anō me whai ā muri ake.

Pūkōwhai (Fluoride) – he pani motuhake te pūkōwhai ka pania atu e te kaihaumanu kia kaha ai ō niho.

Ngā puru piere (Fissure sealants) – he kiri kirihou pare ngā puru piere ka whakapiria e te kaihaumanu ki ō niho o muri hei tiaki i ō niho kia kore ai e pirau. Ko te take kāore e taea e ngā parāhe niho te horoi tika i ngā whakakōaka o ngā niho.

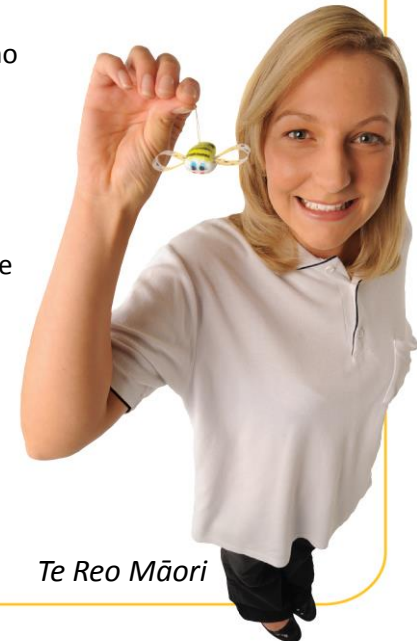
Whakapuru – he matū mā/hiriwa ngā whakapuru ka whakamahia e ngā kaihaumanu hei whakakapi i te wāhi o te niho kua kainga e te pirau. Ka whakamārama atu te kaihaumanu ki te matua, kaitiaki rānei te matū whakapuru pai rawa e ai ki te tawhito, āheinga tika, rahinga, me te wāhi o te niho.

Weronga LA – he ranunga motuhake tēnei ka whakamahia e te kaihaumanu hei whakamoe i te niho me ngā pūniho.

SSC – he pōtake hirawa ka whakamaua e te kaihaumanu ki ngā niho tuatahi o muri hei tiaki i aua niho. Kei te ngoikore pea te niho (nā te iti pea o te pūtautau kohuke), kua pirau rānei.

Tangohanga – e kōrero ana mō te tango a te kaihaumanu i tētahi niho kua pirau, kua kore rānei e taea te whakatika mā tētahi whakapuru, tētahi Karauna, te tango rānei i tēnei wāhanga o te kōpuka o te niho.

Tango kōpuka niho (Pulpotomy) – e kōrero ana mō te tango a te kaihaumanu i te wāhanga o te niho kua pirau, ā, kua hōrapa te pirau ki ngā ioio o te karauna o te niho, engari kua ki ngā pūtake. Ka tangohia e te kaihaumanu ngā ioio o te karauna, ka raua he rongoā ki ngā pūtake kātahi ka whakamaua he pōtae hiriwa ki te niho.



Te Reo Māori